









Respite Activity Sessions

Providing respite activities in Wellington, with the overall aim of supporting carers and those they care for, including those with memory problems and dementia.

A safe, comfortable, welcoming environment with a team of dedicated, qualified staff.

-  Group or 1:1 engagement
-  Themed activities addressing individual need
-  Nutritious healthy lunch and snacks
-  Vast library of resources and memorabilia
-  Quiet lounge for relaxation and holistic therapy treatment
-  We accept both private and direct payments

Full Day £55
(breakfast and
two course
lunch
included)



An innovative solution for carers and those you care for

BOOKING ESSENTIAL

Contact office@reminiscencelearning.co.uk
or 01823 668676

Supported by



Somerset
Council

Are you interested in our

Respite Activity Sessions?

**Contact Reminiscence Learning
to arrange a home visit assessment from one of our specialists**

Email - office@reminiscencelearning.co.uk

Phone - **01823 668676**

Our range of activities include:

- Exercise (seated and standing)
- Board Games
- Arts & Creative Crafts
- Indoor Games
- Quiet Time
- Drumming
- Tai Chi/Yoga/Mindfulness
- Reminiscence
- Baking
- Social Mealtimes
- Singing and Dancing
- Outside Entertainment



We look forward to you joining us
at our Respite Activity Sessions at

Reminiscence Learning

The Counting House,
Tonedale Mill, Wellington, Somerset, TA21 0AW