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**Reminiscence Learning**

Specialising in Dementia Care, Activity & Reminiscence

Training & Community Projects

# Forest School for People with Memory Impairment

Would you like to join our  
award-winning sessions?

Gardening

- Weekly intergenerational sessions
- Otterhead Forest School (8 miles from Wellington)
- Thursday 10am—2pm



Woodland  
Walks

Woodworking



Making new friends



Craftwork

Light lunch cooked over an open fire



**Do you know someone with  
memory impairment who  
would be interested in joining  
these sessions?**

**We aim to provide a rich learning  
environment in which individuals  
are encouraged and inspired to  
grow in confidence, self-esteem and  
independence through mastery of  
achievable tasks in an outdoor setting.**

Are you interested in our

## **Forest School Sessions?**

Contact Reminiscence Learning to ....

Arrange a visit to experience our intergenerational sessions


Or to book your place

Email – [office@reminiscencelearning.co.uk](mailto:office@reminiscencelearning.co.uk)

Phone – 01823 668676

Find out more details by visiting our website

[www.reminiscencelearning.co.uk](http://www.reminiscencelearning.co.uk) or follow us on Social Media

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