

Registered Charity Number 1105488



## Reminiscence Learning

Supporting Your Dementia Journey

Specialising in Dementia Care, Activity & Reminiscence Training & Community Projects

## **Introduction to Reminiscence**

A one-day workshop for those who would like to gain a basic understanding of what reminiscence is all about





Explore the use of the 5 senses in relation to reminiscence work and how the senses can aid memory recall





The is a practical based day interlaced with theory which will help you to explore the resources available to help you facilitate reminiscence groups

For further information or to reserve a place please visit our website or contact office@reminiscencelearning.co.uk